ELITE ATHLETE BIOGRAPHY



OBSIE BIRRU

Birthdate: Dec. 25, 1988

Citizenship: United States of America

Birthplace: Ethiopia

Resides: Phoenix, AZ USA

Height: 5'5"

Weight: 115 lbs.

Athlete Representative: NES Consulting - Neil Segel



PERSONAL RECORDS

Marathon 2:30:24 (CIM; Sacramento, CA, USA; 2019)

Half Marathon 1:13:20 (Phoenix Half-Marathon; Phoenix, AZ, USA; 2018)

10 Mile 57:57 (Capital Pursuit, Des Moines, IA, USA; 2016)

CAREER OVERVIEW

Collegiate

Student athlete at Grand View University where she was the NAIA National Champion, 4x NAIA All-American (2008, 2009, 2010, 2011), 4x Midwest Collegiate Conference Individual Champion (2008, 2009, 2010, 2011), and 4x Runner-Up at the University of Minnesota – Roy Griak Invitational (Division II race), running PB's of 4:53 (Mile), 16:51 (5,000m), and 34:49 (10,000m).

CAREER OVERVIEW (CONTINUED)

Professional

Post-collegiately, Birru has progressed significantly on her trajectory towards becoming a consistently top-ranked American distance runner. Notable highlights include: 2020 US Olympic Trials, 2020 2nd OA at CIM Marathon (2:30:24), 2018 Team USA Member NACAC XC Team, 2017 USATF Minnesota Indoor 3k Champion (9:49), 2016 USA Olympic Trials, 2016 Capital Pursuit 10 Mile Champion (57:57), 2016 5th OA and 1st OA American Medtronic Twin Cities Marathon.

PERSONAL

Obsie lives and trains in Phoenix, AZ. She works full time as an educator and also runs a health and wellness consulting company, OBS Health & Wellness. She loves traveling and racing across the country, connecting with other athletes and being a brand ambassador for her sponsors that have invested in her success.

CONTACT

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SOCIAL MEDIA

Instagram: Obbirru Facebook: Obsie Birru

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