

ELITE ATHLETE BIOGRAPHY



LAUREN MARTIN-MASTERSON

Birthdate: October 14, 1991

Citizenship: United States of America

Birthplace: Alamosa, CO, USA

Resides: Alamosa, CO, USA

Height: 5'2" (1.63m)

Weight: 92 lbs. (49 kg.)

Athlete Representative: NES Consulting - Neil Segel



PERSONAL RECORDS

Marathon	2:33:25 (USATF Marathon Champs; Sacramento, CA; 2018)*
Half Marathon	1:15:07 (USATF Marathon Champs (<i>Split</i>); Sacramento, CA; 2018)
10,000m	34:18 (Occidental Distance Carnival; Los Angeles, CA; 2016)
5,000m	16:23 (Stanford Invitational, Stanford, CA; 2016)

CAREER OVERVIEW

Collegiate

Graduated from Adams State University in 2016 with an MBA in Leadership. During her collegiate career, Lauren was a four-time NCAA DII National Champion and a ten-time All-American. Collegiate highlights include: 2016 Outdoor DII Championships 5,000m (1st OA); 2016 Outdoor DII Championships 10,000m (1st OA); 2014 Outdoor DII Championships 10,000m (1st OA); 2014 Outdoor DII Championships 5,000m (8th OA); 2014 Indoor DII Championships 5,000m (1st OA); 2014 Indoor DII Championships 3,000m (8th OA); 2013 Cross Country DII Championships 6,000m (6th OA); 2013 Outdoor DII Championships 5,000m (5th OA); 2013 Indoor DII Championships 3,000m (5th OA)

CAREER OVERVIEW (CONTINUED)

Professional

2017 USATF Marathon Champs at CIM, Marathon debut (2:37) – qualified for 2020 Olympic Marathon trials (15th OA); 2017 Boulder-Boulder Citizens Race (1st OA); 2016 Rock n' Roll San Diego Half-Marathon, Half-Marathon debut (5th OA). **Capped off 2018 with a stellar 10th overall finish in the California International Marathon / USATF Marathon Championships, finishing in a new PR of 2:33:25 and well inside the Olympic Trials "A" qualifying standard.**

PERSONAL

Lauren is currently running distances from the 5,000m to the marathon under the guidance of her coach and father, Damon Martin, the head running coach at Adams State University. Her future goals include improving all of her personal best times, becoming one of the best female marathon runners in the United States, and inspiring the next generation of young athletes to achieve their fullest potential.

CONTACT

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SOCIAL MEDIA

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NOTE

*2020 Olympic Trials "A" Qualifying Standard